For Reservations at United Church Manor Call 716-668-5804

If turning in this sheet, please circle the days you would like a meal

Erie County Stay Fit Dining Program Menu

November 2026

Monday	Tuesday	Wednesday	Thursday	Friday
2 Beef Macaroni Casserole with Cheddar Cheese Green Beans Apple Juice Italian Bread Butterscotch Pudding (839)	**3** Hot Dog with Baked Beans & Ketchup on a Bun Macaroni & Cheese Carrots Tropical Fruit (746)	**4** Chicken Breast with Red Pepper Cream Sauce Mashed Potatoes Broccoli Florets Wheat Dinner Roll Lorna Doones (632)	**5** Beef Bourguignon Ranch Mashed Potatoes Brussels Sprouts Multigrain Bread Fresh Orange ***Chocolate Milk*** (698)	**6** Beer Battered Fish with Tartar Sauce & Coleslaw Cheesy Broccoli & Rice Country Mixed Vegetables Wheat Dinner Roll Applesauce (737)
9 Mediterranean Chicken Stew Yellow Rice with Turmeric Broccoli Florets Grape Juice Diced Peaches (658)	**10 Veterans Day Lunch** Boneless Pork Loin with Gravy Scalloped Potatoes Vegetable Medley Chef Salad with Dressing Wheat Dinner Roll Lemon Meringue Pie (851)	**11 No Meals Served** VETERANS DAY	**12** Stuffed Shells with Tomato Meat Sauce & Mozzarella Cauliflower Peas Italian Bread Sugar Cookies (878)	**13** Salisbury Steak with Gravy Mashed Potatoes Vegetable Blend Wheat Bread Fruit Cocktail ***Chocolate Milk*** (735)
16 Sloppy Joe on a Wheat Bun Tater Tots Mixed Vegetables Mandarin Oranges (705)	**17** Polynesian Pork over Rice Broccoli Florets Orange Juice Gelatin (619)	**18** Lasagna Roll with Tomato Meat Sauce & Mozzarella Cauliflower Carrots Italian Bread Oatmeal Round Cookie (752)	**19** Chicken Breast with Marsala Sauce Garlic Mashed Potatoes Green Beans Chef Salad with Dressing Dinner Roll Fresh Apple (671)	**20 Taco Day!** Ground Beef Taco with Cheddar on a Flour Tortilla Spanish Rice Fiesta Corn Tropical Fruit ***Chocolate Milk*** (764)
23 Macaroni & Cheese with Diced Chicken Peas with Red Pepper California Blend Vegetables Wheat Bread Rice Krispie Treat (870)	**24 Thanksgiving Lunch** Roasted Turkey with Stuffing, Gravy & Cranberry Salad Sweet Potatoes Green Bean Casserole Dinner Roll Pumpkin Pie with Whipped Topping (1046)	**25** Pork Ribette with BBQ Sauce on a Bun Duchess Potatoes Broccoli Florets Fresh Banana ***Chocolate Milk*** (921)	**26 No Meals Served** Happy Thanksgiving	**27 No Meals Served** SALE BLACK FRIDAY SALE
30 Chicken & Sausage Paella Rice with Black Beans Corn with Red Peppers Apple Juice Chocolate Pudding (641)	**1** Cabbage Roll with Savory Meat Sauce Garlic Mashed Potatoes Mixed Vegetables Dinner Roll Vanilla Ice Cream Cup (807)	**2** Breaded Chicken Cutlet with Cranberry Chutney Tater Tots Peas with Pearl Onions Wheat Dinner Roll Tropical Fruit (716)	**3 Entrée Salad** Tuna Pasta Salad on a Bed of Fresh Salad Greens Club Crackers Fudge Round Cookie (765)	**4** Baked Ham with Maple Glaze Mashed Sweet Potatoes Cauliflower Rye Bread Pineapple Tidbits ***Chocolate Milk*** (609)

If you have a food allergy, please notify us.