

## April Event Highlights

### Recurring Events:

**Wii Bowling** – Tuesdays at 3:00 PM

**Chair Yoga** – Wednesday & Friday at 10:30 AM

**Library 2 Go** – Second Wednesday of the Month at 12:30 PM

Learn the history of the OLV Basilica with a screening of “Building a Basilica” on Wednesday, April 1<sup>st</sup> at 12:45 PM.

Our annual Good Friday fish fry will take place on Friday, April 3<sup>rd</sup> at 12:30 PM. Sign ups for this event are closed.

A Catholic Mass will be held on Easter Monday, April 6<sup>th</sup> at 1:30 PM.

On Wednesday, April 8<sup>th</sup> the “Southgate/Save A Lot Express” will transport residents between the Manor and Southgate Plaza, with an additional stop at Save A Lot. Rides will take place between 8:00 AM and 12:00 PM and there is a cost of \$5.

On Sunday, April 12<sup>th</sup> a Girl Scout troop will be hosting Bingo at 1:00 PM. There is no charge for this bingo, just come down and enjoy yourself!

Bingo w/ Lori will take place on Thursday, April 16<sup>th</sup> and 30<sup>th</sup> at 6:00 PM. Bring your quarters and your snacks!

Movie Matinee! “Michael” will be shown on Friday, April 17<sup>th</sup> at 1:00 PM. Fresh popcorn will be served.

The Center for Elder Law and Justice will be here on Monday, April 20<sup>th</sup> at 1:00 PM to discuss their Financial Management Program.

Pastor Kayti will be here on Monday, April 20<sup>th</sup> with office hours from 2:00 PM to 3:30 PM.

On Wednesday, April 22<sup>nd</sup> residents will be transported between the Manor and Walmart, Wegmans, and Tops on Transit Road. Rides will take place between 8:00 AM and 12:00 PM and the cost is \$5.

Officials from West Seneca will be here on Wednesday, April 22<sup>nd</sup> at 2:00 PM for the annual emergency and fire safety meeting. Everyone is encouraged to attend!

Our monthly Blood Pressure Clinic will be held on Monday, April 27<sup>th</sup> at 12:45 PM.

### April is:

- Fair Housing Month
- Physical Wellness Month
- National Donate Life Month

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**United Church Manor**

50 North Ave.  
West Seneca, NY 14224

PHONE:  
(716) 668-5804

AFTER HOURS  
MAINTENANCE EMERGENCY:  
(716) 238-0989

E-MAIL:  
manormusings@yahoo.com

Find us on the web  
[www.ucmanor.org](http://www.ucmanor.org)

“Like” us on Facebook!

**Resident News**



*Susan Klaybor      April 28*

*Linda Weekes      April 29*

**Welcome** to our newest resident, Joseph, Apt. 101!  
We hope he finds his new home warm and friendly!

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Annual Apartment Inspections will begin in April. Keep an eye on your mailbox, you will receive a notice two weeks before your apartment is scheduled.



We are currently looking for a volunteer or two to help with our lunchtime meal program. Hours are 11AM – 1PM. One day a week or multiple, you choose! See Sarah or Michele if you are interested.

Our library could also use some love, if you'd like to sort, stamp, and shelve books please let Jennifer or Sarah know.



## Sarah's Snip Its

### Emergency and Safety Meeting

Our annual emergency and fire safety meeting with the officials from the Town of West Seneca will be Wednesday, April 22, at 2:00pm. Please plan to attend this informational presentation.

As a reminder, if you need emergency services it is best to call 911 instead of pulling the pull cord. When you call 911 you get a direct person and you can share with them the specifics. When you pull the pull cord there is a delay and emergency personnel do not know what they are walking in to. However, if you can't call 911 due to a fall or inability to speak, the pull cord will notify emergency personnel that you need help.

### Annual Apartment Inspections

Annual apartment inspections will begin April 14th and will be completed on Tuesdays and Thursdays from 9:00am until 12pm and will continue weekly until all apartments are inspected. You will receive a letter of the date of your inspection approximately 2 weeks in advance. As a reminder these are required annually by HUD.

### Maintenance Concerns

The only things that should go down the toilet is toilet paper and what nature provides. Flushable wipes are NOT flushable. These types of items can clog our pipes and cause a costly bill from the plumber.

Please do not leave boxes in the community room or outside the maintenance door after hours. They can be tripping hazards. If you have a box you need to dispose of please bring it down Monday through Friday during business hours.

### Senior Wishes

We are excited to share that we were recently approached by the Executive Director of Senior Wishes, who has generously offered to provide a group wish for our community! Some ideas that have been suggested include a Chivetta's chicken BBQ, a musical performance, or a tea party. We

would love to hear from you—if you have other ideas or preferences, please let us know!



### Resident Satisfaction Survey

It has been several years since we last conducted a resident satisfaction survey, and we are pleased to announce that with the support of the Board of Directors, we will once again be offering this opportunity. This confidential survey is your chance to share your thoughts, tell us what you love about United Church Manor, and suggest ways we can continue to improve your living experience. Surveys will be distributed in May, with more details to follow.

### Respect and Compassion in our Community

In times of emergency, it is important to remember that our neighbors deserve privacy, respect, and dignity. When you see someone receiving medical assistance or being transported by ambulance, please be mindful of their situation. Instead of stopping to stare and asking questions, allow emergency personnel to do their jobs without unnecessary distractions.

### American Diabetes Association

At our holiday dinner, we raised \$89.00 for a charitable donation. The recipient was chosen at random, and Robynn Busch selected the American Diabetes Association. The Board of Directors generously voted to match the donation and increase the total contribution to \$200.00. Thank you to everyone for your generosity.

### Lunch Program

We are looking for volunteers to assist on busy lunch days to help Michele. If you are interested, please see me!

Happy Easter!

## Stay Fit Dining

On Wednesday, April 1<sup>st</sup> we will celebrate Easter with a lunch of Chicken Cordon Bleu with Herb Gravy, Rosemary Potatoes, Vegetable Medley, Chef Salad, a Dinner Roll, and Coconut Cream Pie.



A Dyngus Day meal will be served on Monday, April 6<sup>th</sup> and feature a Cabbage Roll with Meat Sauce, Garlic Mashed Potatoes, Mixed Vegetables, a Dinner Roll, and Boston Cream Pie.

## A Bit of Humor

### The Rules of Chocolate

If you get melted chocolate all over your hands, you're eating it too slowly.

Chocolate covered raisins, cherries, orange slices and strawberries all count as fruit, so eat as many as you want.

**Diet tip:** Eat a chocolate bar before each meal. It'll take the edge off your appetite and you'll eat less.

If you can't eat all your chocolate, it will keep in the freezer. But if you can't eat all your chocolate, what's wrong with you?

Money talks. Chocolate sings.

Chocolate has many preservatives. Preservatives make you look younger.

There will be no meal program on Friday, April 3<sup>rd</sup> due to the Good Friday Holiday.

We will have our annual Good Friday Fish Fry at 12:30 PM that day. Sign up is closed.



Why is there no such organization as Chocoholics Anonymous?  
Because no one wants to quit.

Put "eat chocolate" at the top of your list of things to do today. That way, at least you'll get one thing done.



## Maintenance News

- **Toilets...**the only things that should go down the toilet is toilet paper and what nature provides. Flushable wipes are NOT flushable. These types of items can clog our pipes and cause a costly bill from the plumber.
- **Boxes...** Do not leave boxes in the community room or outside the maintenance door after hours!
- **Cigarette Butts...** Since the winter thaw we have seen several cigarette butts in the gardens. Strange because it is a smoke free property.
- **Emergency phone number...** for after hours and weekend maintenance emergencies call **716-238-0989**. These calls are automatically forwarded to the staff member on call.

*After hours maintenance, emergencies only  
716-238-0989*



*~ Joe & Dom*



## April 16<sup>th</sup> is Ellis Island Family History Day!

Each year on April 17th, National Ellis Island Family History Day encourages families to explore their ancestry and discover family who immigrated through Ellis Island.

From 1892 to 1924, Ellis Island served as the busiest inspection station for millions of immigrants to the United States. On this day in 1907, officials recorded 11,747 names passing through Ellis Island. It was the busiest day of immigration in the station's history. During all of 1907, officials processed over one million immigrants through Ellis Island.

During its operation, approximately 12 million immigrants passed through the halls of Ellis Island. It operated from 1892 to 1954. Before Ellis Island, immigrants entered the United States in New York City at Castle Garden. Just months before Ellis Island's opening, the old depot was demolished and ushered in a new era of immigration. The Statue of Liberty overlooks Ellis Island and was one of the first sights the nearly 2,000 immigrants a day would see as they disembarked.

The new facilities offered an improvement over the Castle Garden. The large, open, and airy facility presented an overwhelming obstacle to some, though. Thousands of people from many cultures and speaking different languages gathered in one place. After such a long journey, the arrival at Ellis Island must have been stressful and confusing. What an overwhelming and exciting experience for them all! For some, they entered Ellis Island as a step toward their future. Officials turned others away for a variety of reasons.

### HOW TO OBSERVE ELLIS ISLAND FAMILY HISTORY DAY

Do you have a family member who immigrated through Ellis Island? Explore your ancestry and follow your ancestors' footsteps. Discover the history behind your family's name or learn about their experiences as they traveled to a new land. Many documents reveal glimpses into their lives and their reasons for immigrating. Through its website, [ellisland.org](http://ellisland.org), you can explore the histories of famous immigrants. You can also search passenger lists and follow the clues to your family's past.

## Tips to Avoid Scams -

### Four Signs That It's a Scam

#### 1. Scammers PRETEND to be from an organization you know.

Scammers often pretend to be contacting you on behalf of the government. They might use a real name, like the FTC, Social Security Administration, IRS, or Medicare, or make up a name that sounds official. Some pretend to be from a business you know, like a utility company, a tech company, or even a charity asking for donations.

They use technology to change the phone number that appears on your caller ID. So the name and number you see might not be real.

#### 2. Scammers say there's a PROBLEM or a PRIZE.

They might say you're in trouble with the government. Or you owe money. Or someone in your family had an emergency. Or that there's a virus on your computer.

Some scammers say there's a problem with one of your accounts and that you need to verify some information. Others will lie and say you won money in a lottery or sweepstakes but have to pay a fee to get it.

#### 3. Scammers PRESSURE you to act immediately.

Scammers want you to act before you have time to think. If you're on the phone, they might tell you not to hang up so you can't check out their story.

They might threaten to arrest you, sue you, take away your driver's or business license, or deport you. They might say your computer is about to be corrupted.

#### 4. Scammers tell you to PAY in a specific way.

They often insist that you can only pay by using cryptocurrency, wiring money through a company like MoneyGram or Western Union, using a payment app, or putting money on a gift card and then giving them the numbers on the back of the card.

Some will send you a check (that will later turn out to be fake), then tell you to deposit it and send them money.

### How To Avoid a Scam

- Block unwanted calls and text messages. Take steps to block unwanted calls and to filter unwanted text messages.
- Don't give your personal or financial information in response to a request that you didn't expect. Honest organizations won't call, email, or text to ask for your personal information, like your Social Security, bank account, or credit card numbers.
- If you get an email or text message from a company you do business with and you think it's real, it's still best not to click on any links. Instead, contact them using a website you know is trustworthy. Or look up their phone number. Don't call a number they gave you or the number from your caller ID.
- Resist the pressure to act immediately. Honest businesses will give you time to make a decision. Anyone who pressures you to pay or give them your personal information is a scammer.
- Know how scammers tell you to pay. Never pay someone who insists that you can only pay with cryptocurrency, a wire transfer service like Western Union or MoneyGram, a payment app, or a gift card. And never deposit a check and send money back to someone.
- Stop and talk to someone you trust. Before you do anything else, tell someone — a friend, a family member, a neighbor — what happened. Talking about it could help you realize it's a scam.

### Report Scams to the FTC

If you were scammed or think you saw a scam, tell the FTC at [ReportFraud.ftc.gov](https://www.ftc.gov/ReportFraud).

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# Service Coordinator Spot

## *FOR YOUR INFORMATION*

### **Planning Ahead: Advanced Directives and National Healthcare Decisions Day!**

Have you ever thought about who would speak for you if you were unable to make your own medical decisions? Advance directives are legal documents that allow you to clearly outline your healthcare wishes and designate a trusted person to make decisions on your behalf if needed. These plans help ensure your voice is heard, even during unexpected situations.

April 16th is National Healthcare Decisions Day, a reminder for all adults—especially seniors—to take time to think about, discuss, and document their preferences for care. Whether it's choosing a healthcare proxy, outlining treatment preferences, or simply starting a conversation with loved ones, every step you take brings peace of mind to you and your family.

If you haven't completed your advance directives yet, now is the perfect time to start. Talk with your doctor, loved ones, or a trusted advisor to learn more. Making your wishes known today can make all the difference tomorrow.

**\*Stop by to see me if you would like a Healthcare Proxy form!**



## *EDUCATIONAL & WELLNESS PROGRAMS*

### **Budgeting and Financial Management: Center for Elder Law and Justice Monday, April 20<sup>th</sup> at 1pm**

Join us in the Community Room to learn more about a Financial Management Assistant Program that can help you with budgeting, paying bills and benefit resources. Dessert will be provided! Sign Up Sheet on the bulletin board.

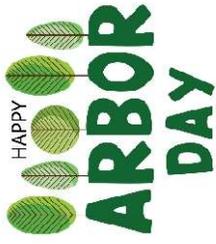
### **Blood Pressure Clinic: Life Program Monday, April 27<sup>th</sup> at 12:45pm**

Come get your blood pressure taken in the Community Room. All are welcome! Sign Up Sheet on the bulletin board.

### **Changes in Office Hours:**

For the week of April 6<sup>th</sup>, I will be in the office on Monday, April 6<sup>th</sup> and Tuesday, April 7<sup>th</sup> from 9am-4pm. I will be off April 8<sup>th</sup>, 9<sup>th</sup> and 10<sup>th</sup>.





# April 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5 	6 Meal Program "Dyngus Day Lunch" 12:00 PM ----- Catholic Mass 1:30 PM	7 Meal Program 12:00 PM ----- Wii Bowling 3:00 PM	8 Shopping Van 8AM - 10AM Chair Yoga 10:30 AM ----- Meal Program 12:00 PM ----- Library 2 Go 12:30 PM	9 Meal Program 12:00 PM ----- National Unicorn Day	10 Chair Yoga 10:30 AM ----- Meal Program 12:00 PM	11 Chair Yoga 10:30 AM ----- National Clean Up Your Pantry Day
12 Bingo w/ Girl Scouts 1:00 PM	13 Meal Program 12:00 PM	14 Meal Program 12:00 PM ----- Wii Bowling 3:00 PM	15 Chair Yoga 10:30 AM ----- Meal Program 12:00 PM	16 Meal Program 12:00 PM ----- Bingo w/ Lori 6:00 PM	17 Chair Yoga 10:30 AM ----- Meal Program 12:00 PM ----- Movie - Michael 1:00 PM	18
19 Oklahoma City Bombing Commemoration Day	20 Meal Program 12:00 PM ----- Financial Management Presentation 1:00 PM ----- Pastor Kayti Open Hours 2:00 PM - 3:30 PM	21 Meal Program 12:00 PM ----- Wii Bowling 3:00 PM	22 Chair Yoga 10:30 AM ----- Meal Program 12:00 PM ----- Fire Safety Presentation 2:00 PM ----- Library Reserved 5PM - 8PM	23 Meal Program "Entree Salad" 12:00 PM	24 Chair Yoga 10:30 AM ----- Meal Program 12:00 PM	25
26	27 Meal Program 12:00 PM ----- Blood Pressure Clinic 12:45 PM	28 Meal Program "Entree Salad" 12:00 PM ----- Wii Bowling 3:00 PM	29 Chair Yoga 10:30 AM ----- Meal Program 12:00 PM	30 Meal Program 12:00 PM ----- Bingo w/ Lori 6:00 PM	