

Manor Musings

September is:

- Cholesterol Education Month
- Library Card Sign Up Month
- National Coupon Month

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September Event Highlights

****NEW**** Beginning Tuesday, September 1st Bingocize will take place at 10:45 AM each Tuesday and Thursday. Play a fun game of bingo while learning new exercises. This is inclusive, everyone is invited to join in!

Senior Wishes has generously approved our wish for a Buffalo Harbor Cruise! We will be cruising on Wednesday, September 2nd. Transportation will arrive at approximately 12:40 PM. There are still a couple spots left, let the office know if you'd like to go!

The Erie County Libraries "Library 2 Go" will be here on Tuesday, September 8th from 1:00 to 2:00 PM. Remember September is Library Card Sign Up Month!

On Wednesday, September 9th residents will be transported to Southgate Plaza and Save A Lot from 8 AM to 12 PM. The cost is \$5, please pay in the office.

On Thursday, September 10th Lori will be here for Bingo at 5:00 PM.

Join us in rooting on the Bills for their 1st game on Sunday, September 13th at 1:00 PM. Roast Beef sandwiches and other goodies will be served!

An Activity Committee Meeting will take place on Wednesday, September 16th at 1:00 PM. Join us to help plan resident events and activities for fall and winter!

Legacy Photo Shoots will take place on Thursday, September 17th. See page 6 for more information. Hair & Makeup will be free for participants (through donated funds). There is a limit of 10 participants, a sign-up sheet is posted.

On Wednesday, September 23rd residents will be transported to Tops, Aldi's, Wegman's and Walmart from 8 AM to 12 PM. The cost is \$5, please pay in the office.

"Casino" will be shown on Thursday, September 24th at 1:00 PM. *In Las Vegas, two best friends--a casino executive and a Mafia enforcer--compete for a gambling empire and a fast-living, fast-loving socialite.*

Content Warning: This movie contains strong brutal violence, pervasive strong language, drug use and some sexuality.

Enjoy a visit with our friendly therapy dogs on Friday, September 25th at 1:00 PM.

A Flu Shot Clinic will be held on Monday, September 28th at 1:00 PM.

I do not have dates for Pastor Katyi, I will update the bulletin board when I have more information.

Bible Study will begin later this month, information will be posted when the details have been worked out.

United Church Manor

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(716) 668-5804

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MAINTENANCE
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(716) 238-0989

E-MAIL:
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Find us on the web
www.ucmanor.org

"Like" us on Facebook!

Resident News



George Brodfuehrer September 7

*Also, a very Happy Birthday to
Michele, our dining supervisor!*



In observance of the Labor
Day holiday, the office will be
closed on Monday,
September 7th.

Please note that any calls from
visitors will show on your phone as
"United Church." This is our front
door call system and you need to
answer the call and press 9 to let
your visitor in.

If there is a change in your phone
number, please let us know so we
can update the call system.



Maintenance Staff Schedule

Beginning September 1st
maintenance hours will be:

Joe – Monday – Friday
7AM – 3PM

Nick –
Tuesday – 8AM – 12PM
Thursday – 8AM – 12PM
Friday – 8AM – 4PM
Saturday – 9AM – 1PM

Sarah's Snip Its

Garbage

Please make sure that garbage bags are tied securely before putting them into the garbage chute. If you have an aide service, please make sure they do this as well. Often, we see aides dragging garbage bags down the hallway. This can lead to unsanitary conditions. Everything that is put into the garbage chute is manually picked up and brought to the dumpster by Joe and Nick. In addition, if you have boxes please bring them to the maintenance office during business hours and they will break them down and recycle them as they are able. We also offer a recycling bin in stairwell C.



Cooler Weather

As we head into cooler weather, there will be days that are quite warm and days that are cold. It is difficult to maintain consistent temperatures in the building with such fluctuations. During the months of September and May you may need to layer up with a heavier sweater or blanket, open or close windows, or turn your air conditioner on to be comfortable during this transition time. Once the warm weather is past us this season Joe and Nick will cover up the air conditioners in your apartment (typically in October).

Driveway Sealing

In September we will have our driveway sealed. It typically takes 2 days to complete and 1 day to dry. Once we have a date, information will be sent out and please remember everything is dependent on the weather. Let's hope it cooperates.

Hallway Carpets

We have noticed some areas of the hallway carpets are soiled. Once the heat and humidity of summer are over maintenance staff will clean the areas. We'd like to ask everyone for a little help in keeping our hallways and carpets looking clean and fresh. This can sometimes happen when residue or dirt from kitchen floors is transferred onto the carpet. A simple way to help prevent this is to give your kitchen floor a good cleaning once a week.

You can use either:

- ¼ cup of glass cleaner mixed with 2 gallons of water, or
- ¼ cup of Murphy's Oil Soap mixed with 2 gallons of water.

By keeping our kitchen floors clean, we can all help maintain the cleanliness and appearance of our hallways and make our community a more pleasant place for everyone.

Maintenance Schedule

Nick will be finishing his last semester at college starting in September. To accommodate his class schedule he will be off on Mondays and Wednesdays but will work additional hours on Friday and Saturday.

Thank you

Thank you for your thoughts, prayers, cards while I have been out recovering from my surgery. Like most everyone, no one likes being sick and laid up. I look forward to getting back in the office and back into a normal routine. I appreciate your patience.

Stay Fit Dining

There will be no meals served on Monday, September 7th due to the Labor Day Holiday.



A Labor Day Lunch will be served on Friday, September 4th. Breaded Chicken Drumsticks, Ranch Mashed Potatoes, Sweet Peas, Chef Salad, a Wheat Dinner Roll, and Banana Cream Pie will be served.

We will Welcome Fall with a lunch on Tuesday, September 22nd. It will include Chicken Cordon Bleu, Sweet Potatoes, Brussels Sprouts, Multigrain Bread, and Apple Pie with Whipped Cream.



An Entrée Salad will be served on Tuesday, September 15th. Soup and Salad will be served on Wednesday, September 30th.

A Bit of Humor

One Sunday, Johnny came home with an ice cream cone.

"Where did you get that?" his mother asked.

"I bought it with the \$5 you gave me," he replied.

"That money was for Sunday school."

"I know, but the minister met me at the door and got me in for free."

Every night, a doting father would sing his two young sons to sleep, until one day he overheard the 4-year-old telling the 2-year-old, "If you pretend you're asleep, he'll stop."

Teacher: Johnny, your composition "My Dog" is exactly the same as your brother's. Did you copy his?

Johnny: No, teacher. It's the same dog.

Teacher: George, go to the map and find North America.

George: Here it is.

Teacher: Correct. Now, class, who discovered America?

Class: George.

Teacher: What is the chemical formula for water?

Pupil: HIJKLMNO

Teacher: What are you talking about?

Pupil: Yesterday, you said it was H to O.



Back to School

Maintenance News

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- **Garbage reminder** • Please remember to place all garbage in plastic bags that are **securely tied** before putting into the garbage chute.
- **Please remember...** to place ALL work order requests with the office.
- **For Your Safety** emergency pull cords should be untied and hanging to the floor.

Emergency phone number... for after hours and weekend maintenance emergencies call **716-238-0989**. These calls are automatically forwarded to the staff member on call.

After hours' maintenance, emergencies only
716-238-0989

~ Joe & Nick

Senior Wishes honors Veterans every year with "Veteran Hero Boxes". If you'd like an application for yourself or to nominate someone, please see Jennifer or Jessica.



Veteran Hero Boxes

Honoring Our Heroes

Each November, we honor the service and sacrifice of our senior Veterans by recognizing them with a HERO Box. In 2025, we proudly delivered HERO Boxes to 180 Veterans. Each HERO Box is filled with patriotic gifts, specific to Branch of Service and Campaign. We are always humbled and inspired by the stories shared with us each year and how meaningful it is for our Veterans to be remembered.

Did You or Someone You Know Serve?

We are seeking Veterans age 65 and older for this November's recognition program. Veterans 65 and older may be nominated or apply themselves. Visit www.seniorwishes.org for additional applications.

We are looking for residents for a photo shoot! Professional photographer, Melissa Mune, will be here on Friday, September 18th and Thursday, September 24th (if needed) for “The Legacy Portrait Project”. A hair and makeup artist will be available free of charge. Sign-up sheet is on the bulletin board, grab your spot!



**THE
LEGACY
Portrait
PROJECT**

Celebrating the beauty, stories & spirit of YOU.

Every life leaves a *legacy*.
Every woman has a *story* worth remembering.

Join photographer Melissa Mune for a special portrait experience created to celebrate **YOU**—your personality, your beauty, your journey, and the things that make you uniquely wonderful.

Professional makeup, beautiful size-inclusive wardrobe pieces, floral and jeweled crowns, bouquets, jewelry, and other styling pieces will be available to make your portrait experience extra special.

No modeling experience necessary.
Just come as you are!

Service Coordinator Spot

For Your Information

Open Enrollment begins soon (**October 15th, 2026 until December 7th, 2026**). This is the time of year you can review your health insurance plan for changes and price increases. Erie County Certified Health Insurance Counselor, Sue Lord, will be here next month, **Wednesday, October 28th at 2pm** to assist you with this. **Please save the date!** I will have a sign up sheet available when the time gets closer.

I am also in the process of scheduling Kevin Kreutzer, Medicare Advisor from The Piety Group, to come to speak to everyone regarding upcoming changes in Medicare. He will be able to meet with you individually as well to discuss your plan and help you change to a new one if needed. I will let you know as soon as a date is secured.

AN UPDATE ON THE I'M OKAY PROGRAM:

Due to the lack of interest and responses, we will not be implementing the I'm Okay program at this time. We can revisit it in the future should more interest be expressed. Thank you to those who responded!

Educational and Wellness Programs

Therapy Dog Visit Friday, September 25th at 1pm

Come visit our happy, cheerful furry friends in the community room. All are welcome.
Sign up sheet on the bulletin board.

Flu Shot Clinic Monday, September 28th 1pm-2:30pm

Wegmans Pharmacy will be here to administer flu shots. Please arrive with your insurance card ready.
Sign up sheet on the bulletin board.

Changes in Office Hours:

I will not be in the office on Monday, September 7th due to Labor Day.





September 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Bingocize 10:45 AM ----- Meal Program 11:45 AM	2 Meal Program 11:45 AM ----- Buffalo Harbor Cruise with Senior Wishes 12:40 PM Pick Up	3 Bingocize 10:45 AM ----- Meal Program 11:45 AM	4 Meal Program "Labor Day Lunch" 11:45 AM ----- Stand Up To Cancer Day	5 International Day of Charity
6	7 Office Closed ----- No Meal Program ----- Labor Day	8 Bingocize 10:45 AM ----- Meal Program 11:45 AM ----- Library 2 Go 1PM - 2PM	9 Southgate/Save A Lot Shopping 8AM - 12PM ----- Meal Program 11:45 AM	10 Bingocize 10:45 AM ----- Meal Program 11:45 AM ----- Bingo w/ Lori 5:00 PM	11 Meal Program 11:45 AM ----- National Day of Service and Remembrance	12 
13  Bills vs. Texans Football Party! 1:00 PM	14 Meal Program 11:45 AM	15 Bingocize 10:45 AM ----- Meal Program 11:45 AM ----- Library Reserved 6:00 PM	16 Meal Program 11:45 AM ----- Activity Planning Meeting 1:00 PM	17 Bingocize 10:45 AM ----- Meal Program 11:45 AM ----- Business Office Closed Bills vs. Lions 8:15 PM	18 Library Reserved 10:00 AM ----- Meal Program 11:45 AM ----- Legacy Photo Shoot	19  Talk Like a Pirate Day
20 Yom Kippur	21 Meal Program 11:45 AM ----- World Alzheimer's Day	22 Bingocize 10:45 AM ----- Meal Program "Welcome Fall Lunch" 11:45 AM	23 Transit Road Shops 8AM - 12PM ----- Meal Program 11:45 AM	24 Bingocize 10:45 AM ----- Meal Program 11:45 AM ----- Movie Matinee "Casino" 1:00 PM	25 Meal Program 11:45 AM ----- Therapy Dog Visit 1:00 PM	26 National Public Lands Day
27 Bills vs. Chargers 1:00 PM	28 Meal Program 11:45 AM ----- Flu Vaccine Clinic 1:00 PM	29 Bingocize 10:45 AM ----- Meal Program 11:45 AM	30 Meal Program "Soup & Salad" 11:45 AM			